3.1.f Obesity rate among adults

| Age from ... to under ... years | total |  |  |  | of which: |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | female |  |  |  | male |  |  |  |
|  | of which: with a body mass index of ... to under ... |  |  |  | of which: with a body mass index of ... to under ... |  |  |  | of which: with a body mass index of ... to under ... |  |  |  |
|  | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more |
|  | Proportion of adults 2021, in \% |  |  |  |  |  |  |  |  |  |  |  |
| 18 to 20 | 7.7 | 72.1 | 14.6 | $(5,5)$ | 10.2 | 74.6 | $(11,0)$ | 1 | 1 | 70.0 | 17.8 | 1 |
| 20 to 25 | 5.1 | 66.7 | 21.9 | 6.2 | $(8,0)$ | 72.2 | 14.5 | 5.3 | $(2,4)$ | 61.8 | 28.6 | 7.1 |
| 25 to 30 | 3.3 | 59.1 | 26.8 | 10.8 | 5.6 | 67.8 | 17.6 | 9.0 | 1 | 51.4 | 35.0 | 12.4 |
| 30 to 35 | 2.3 | 52.7 | 30.9 | 14.1 | 4.0 | 62.4 | 21.0 | 12.5 | 1 | 44.4 | 39.4 | 15.4 |
| 35 to 40 | 1.9 | 49.9 | 33.6 | 14.5 | 3.8 | 62.4 | 22.5 | 11.3 | 1 | 39.6 | 42.8 | 17.2 |
| 40 to 45 | 1.8 | 46.3 | 35.4 | 16.5 | 3.5 | 59.3 | 23.9 | 13.3 | 1 | 34.7 | 45.5 | 19.5 |
| 45 to 50 | 1.4 | 42.1 | 36.8 | 19.6 | 2.5 | 55.4 | 26.7 | 15.3 | 1 | 29.9 | 46.2 | 23.5 |
| 50 to 55 | $(1,1)$ | 40.4 | 39.6 | 18.9 | $(2,3)$ | 53.0 | 29.4 | 15.4 | 1 | 29.4 | 48.6 | 21.9 |
| 55 to 60 | $(1,3)$ | 39.3 | 39.9 | 19.6 | $(2,2)$ | 50.9 | 30.3 | 16.6 | 1 | 28.8 | 48.5 | 22.4 |
| 60 to 65 | 1.1 | 37.2 | 40.7 | 21.0 | $(2,0)$ | 47.2 | 32.4 | 18.4 | 1 | 27.6 | 48.6 | 23.6 |
| 65 to 70 | $(1,4)$ | 37.1 | 40.3 | 21.3 | $(2,3)$ | 44.4 | 33.9 | 19.5 | 1 | 29.4 | 46.9 | 23.1 |
| 70 to 75 | 1.2 | 34.9 | 42.7 | 21.2 | $(1,9)$ | 41.8 | 36.4 | 19.9 | 1 | 27.4 | 49.4 | 22.6 |
| 75 and more | $(2,1)$ | 42.0 | 39.6 | 16.2 | $(3,3)$ | 45.9 | 34.6 | 16.2 | 1 | 37.2 | 45.9 | 16.2 |
| together | 2.4 | 48.5 | 33.7 | 15.4 | 3.9 | 57.2 | 25.4 | 13.4 | 1.0 | 40.4 | 41.4 | 17.3 |
| Proportion of adults 2017, in \% |  |  |  |  |  |  |  |  |  |  |  |  |
| 18 to 20 | 8.6 | 72.3 | 14.8 | 4.2 | 12.1 | 73.2 | 11.3 | 3.4 | 5.7 | 71.6 | 17.8 | 5.0 |
| 20 to 25 | 5.3 | 68.4 | 20.3 | 6.0 | 8.5 | 73.0 | 13.7 | 4.9 | 2.6 | 64.4 | 26.0 | 7.0 |
| 25 to 30 | 3.3 | 59.9 | 27.3 | 9.4 | 6.0 | 67.7 | 18.3 | 8.0 | 1.0 | 53.5 | 34.9 | 10.6 |
| 30 to 35 | 2.5 | 54.6 | 31.1 | 11.9 | 4.4 | 64.6 | 20.9 | 10.1 | 0.8 | 45.8 | 40.1 | 13.4 |
| 35 to 40 | 2.0 | 50.9 | 33.8 | 13.3 | 3.6 | 62.8 | 22.8 | 10.8 | 0.5 | 40.4 | 43.6 | 15.5 |
| 40 to 45 | 1.6 | 46.6 | 36.1 | 15.7 | 3.0 | 59.9 | 24.8 | 12.3 | 0.3 | 34.8 | 46.2 | 18.7 |
| 45 to 50 | 1.4 | 44.5 | 37.8 | 16.2 | 2.7 | 57.8 | 26.8 | 12.7 | 0.3 | 32.7 | 47.6 | 19.4 |
| 50 to 55 | 1.4 | 42.2 | 38.5 | 18.0 | 2.4 | 54.4 | 28.4 | 14.8 | 0.4 | 31.0 | 47.6 | 20.9 |
| 55 to 60 | 1.2 | 39.3 | 39.8 | 19.7 | 2.2 | 50.5 | 30.8 | 16.6 | 0.4 | 28.8 | 48.2 | 22.6 |
| 60 to 65 | 1.2 | 36.0 | 40.7 | 22.0 | 2.1 | 45.2 | 33.3 | 19.5 | 0.4 | 27.0 | 48.1 | 24.5 |
| 65 to 70 | 1.0 | 33.3 | 42.2 | 23.5 | 1.5 | 40.9 | 35.9 | 21.7 | 0.4 | 25.6 | 48.7 | 25.3 |
| 70 to 75 | 1.1 | 35.0 | 42.8 | 21.2 | 1.8 | 41.7 | 36.7 | 19.9 | 0.4 | 27.7 | 49.4 | 22.6 |
| 75 and more | 1.6 | 38.3 | 42.2 | 17.8 | 2.3 | 42.1 | 37.6 | 18.0 | 0.6 | 33.5 | 48.4 | 17.6 |
| together | 2.4 | 48.8 | 34.0 | 14.8 | 3.9 | 57.0 | 26.0 | 13.0 | 1.0 | 41.1 | 41.5 | 16.4 |

still: 3.1.f Obesity rate among adults

| Age from ... to under ... years | total |  |  |  | of which: |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | female |  |  |  | male |  |  |  |
|  | of which: with a body mass index of ... to under ... |  |  |  | of which: with a body mass index of ... to under ... |  |  |  | of which: with a body mass index of ... to under ... |  |  |  |
|  | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more | less than 18,5 | 18,5 to 25 | 25 to 30 | 30 and more |
| Proportion of adults 2013, in \% |  |  |  |  |  |  |  |  |  |  |  |  |
| 18 to 20 | 8.4 | 74.5 | 13.7 | 3.5 | 13.0 | 73.7 | 10.5 | 2.8 | 4.3 | 75.2 | 16.4 | 4.1 |
| 20 to 25 | 5.3 | 69.4 | 19.7 | 5.6 | 8.9 | 72.5 | 13.6 | 5.0 | 2.0 | 66.7 | 25.1 | 6.2 |
| 25 to 30 | 3.6 | 62.9 | 25.5 | 8.0 | 6.2 | 69.9 | 16.8 | 7.1 | 1.3 | 56.6 | 33.3 | 8.8 |
| 30 to 35 | 2.7 | 56.7 | 29.7 | 10.9 | 5.0 | 66.0 | 19.5 | 9.5 | 0.6 | 48.0 | 39.2 | 12.2 |
| 35 to 40 | 1.9 | 51.9 | 33.4 | 12.7 | 3.7 | 63.6 | 22.3 | 10.4 | 0.3 | 41.0 | 43.8 | 14.9 |
| 40 to 45 | 1.5 | 48.7 | 35.5 | 14.3 | 2.9 | 62.1 | 23.6 | 11.4 | 0.4 | 36.7 | 46.1 | 16.8 |
| 45 to 50 | 1.5 | 46.0 | 37.3 | 15.2 | 2.7 | 59.2 | 25.9 | 12.2 | 0.4 | 34.2 | 47.5 | 17.9 |
| 50 to 55 | 1.2 | 41.9 | 39.2 | 17.7 | 2.1 | 53.2 | 29.7 | 15.0 | 0.3 | 31.4 | 48.1 | 20.2 |
| 55 to 60 | 1.2 | 37.9 | 41.0 | 20.0 | 1.9 | 47.9 | 32.9 | 17.3 | 0.4 | 28.1 | 48.9 | 22.6 |
| 60 to 65 | 1.0 | 33.8 | 42.5 | 22.7 | 1.6 | 42.0 | 35.6 | 20.8 | 0.4 | 25.5 | 49.5 | 24.7 |
| 65 to 70 | 0.9 | 33.3 | 43.8 | 21.9 | 1.5 | 40.3 | 37.9 | 20.3 | 0.4 | 26.1 | 49.9 | 23.6 |
| 70 to 75 | 1.0 | 34.0 | 44.7 | 20.3 | 1.6 | 39.8 | 39.2 | 19.4 | 0.3 | 27.7 | 50.8 | 21.2 |
| 75 and more | $1.7$ | $37.6$ | 43.3 | 17.4 | 2.4 | 40.7 | 38.9 | 17.9 | 0.7 | 33.2 | 49.4 | 16.7 |
| together | 2.4 | 49.5 | 34.0 | 14.1 | 4.0 | 57.0 | 26.2 | 12.8 | 0.9 | 42.3 | 41.5 | 15.4 |
| Notes: <br> - Age-standardisation: New European standard population. <br> - 2021 provisional data. <br> - The Body Mass Index is calculated by dividing the body weight by the square of the individual's heig |  |  |  |  |  |  | Explanation of symbols: <br> I = no data because the numerical value is not sufficiently reliable () = limited informational value because the numerical value is of limited statistical reliability Data source: <br> Federal Statistical Office |  |  |  |  |  |

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